



Arts and Dementia

WARWICKSHIRE

Singing sessions

Resources

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We have created a useful resource pack for you so you can carry on singing at home.

Some online ideas

Create a playlist of your loved ones favourite music

Playlist for Life <https://www.playlistforlife.org.uk>

Orchestra of the Swan music videos and guidance notes to watch and join in with

<https://orchestraoftheswan.org/dementia-friendly-music/>

Arts Uplift music videos to watch and join in with

<https://www.artsuplift.co.uk/love-music-the-lock-down-sessions/>

Other ideas based on the workshop themes

Holidays!

Warm up – Slide up and down using a ZZZZZ sound

Sing Oh What A Glorious Day like an opera singer! (Youtube clip, track 1 CD)



On the beach on holiday,
In Blackpool, Devon or Cardigan Bay,
all I wanted to do all day, was ride upon a donkey

**CHORUS Hey ho and away we go Donkey Riding, Donkey Riding,
Hey ho and away we go, riding on a donkey** (riding a donkey
actions)

Walk down the pier and on the prom,
Having fun with dad and mom
Sandy feet with flip flops on
And riding on a donkey

Chorus

Drinking fizzy lemonade,
digging with my bucket and spade,
sandwiches that grandma made,
riding on a donkey

Chorus

Watch a punch and judy show,
paddling toes and rock pools OH,
all I want's another go at riding on a donkey

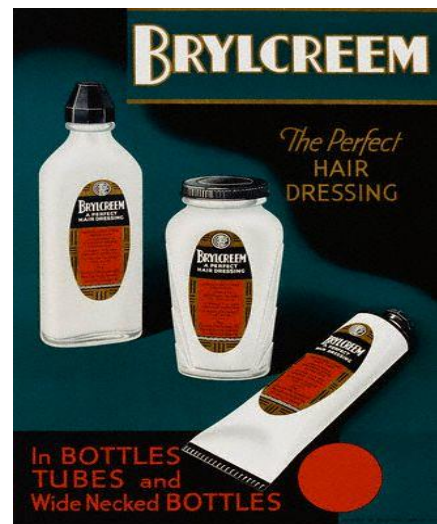
Chorus (Youtube clip, track 2 CD)



Clap your hands!

Oh, I do like to be beside the seaside
I do like to be beside the sea
I do like to stroll upon the Prom, Prom, Prom
Where the brass bands play tiddely-om-pom-pom
So just let me be beside the seaside
I'll be beside myself with glee
And there's lots of girls besides I should like to be beside
Beside the seaside, beside the sea

A Night Out



Sing 12345 to the tune of Knees Up Mother Brown – count it on your fingers! [\(YouTube clip, track 3 CD\)](#)

Sing: With your favourite dance moves!

Together with friends I want to dance I want to dance

Together with friends I want to dance I want to dance

Until the break of Day

(YouTube clip, Track 4CD)



Sing and clap your hands

Roll out the barrel, we'll have a barrel of fun

Roll out the barrel, we've got the blues on the run

Zing boom tararrel, ring out a song of good cheer

Now's the time to roll the barrel, for the gang's all here

Food and Shopping

Sing:

I like to eat apples and bananas

Change the vowel sounds a,e,i,o,u (YouTube clip, Track 5 CD)



Sing and clap your hands

If I knew you were comin' I'd 've baked a cake

baked a cake, baked a cake.

If I knew you were comin' I'd 've baked a cake.

How-ja do. How-ja do, How-ja do.



Had you dropped me a letter I'd 've hired a band,
grandest band in the land.

Had you dropped me a letter I'd 've hired a band
and spread the welcome mat for you.

If I knew you were comin' I'd 've baked a cake,
hired a band, goodness sake.

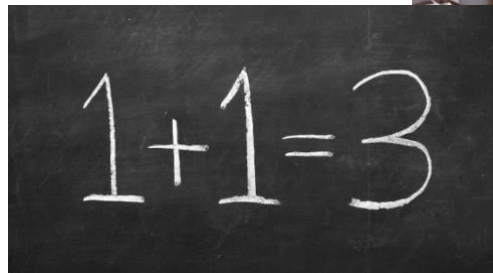
If I knew you were comin' I'd 've baked a cake.

How-ja do. How-ja do. How-ja do.

(Youtube clip, track 6 CD)



School days



ABC's

Sing your ABC to the tune of

Super califragilistic expealidocious! (Youtube Clip, Track 7 CD)

Sing and clap

The good ship sails on the alley alley o

The alley alley o, the alley alley o

The good ship sails on the alley alley o

On the last day of September

The good ship sails to the bottom of the sea



The Captain said this will never ever do

Sing

The farmer's in his den,
The farmer's in his den,
E -AH – A – DE- OH
The farmer's in his den.
The farmer wants a wife,
The wife wants a child,
The child wants a nurse,
The nurse wants a dog,
The nurse wants a dog,
The dog wants a bone,
We all pat the bone,

(YouTube clip, Track 8 CD)



Games and Entertainment

There was a man who had a dog
And Bingo was his name O
B, I, N, G O
B,I,N,G,O
B,I,N,G,O
And Bingo was his name O!

(Youtube clip, track 9 CD)



Football Songs – Grab a scarf!

I'm forever blowing bubbles,
Pretty bubbles in the air,
They fly so high, nearly reach the sky,
Then like my dreams they fade and die.

Fortune's always hiding,
I've looked everywhere,
I'm forever blowing bubbles,
Pretty bubbles in the air.

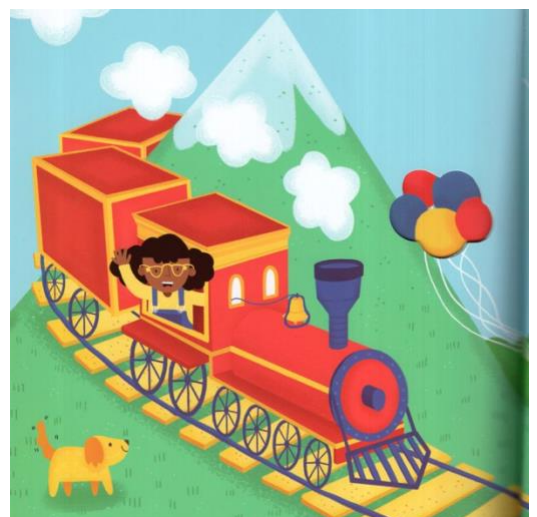


Sing –

She'll be coming round the mountain when she comes YEEHA
She'll be coming round the mountain when she comes
She'll be coming round the mountain,
Coming round the mountain,
Coming round the mountain when she comes YEE HA!

Sing against:

Oh when the saints go marching in
Oh when the saints go marching in
I want to be in their number



When the saints go marching in.

Youtube clip, Track 10 CD



Celebrations!

Round (Tune Frere Jaques)

Fireworks whizzing fireworks whizzing
Sparklers fizzing, sparklers fizzing
Bonfire, Bonfire
Throw the Guy on , throw the Guy on

YouTube clip, Track 11 CD



Sing

In your Easter bonnet, with all the frills upon it,
You'll be the grandest lady in the Easter Parade.
I'll be all in clover and when they look you over,
I'll be the proudest fellow in the Easter Parade.
On the avenue, Fifth Avenue, the photographers will snap us,
And you'll find that you're in the rotogravure.

Oh, I could write a sonnet about your Easter bonnet,
And of the girl I'm taking to the Easter Parade. (YouTube clip, Track 12 CD)



Sing



Jingle bells, jingle bells
Jingle all the way
Oh what fun it is to ride
In a one horse open sleigh
Jingle bells, jingle bells
Jingle all the way
What fun to ride and sing
In a one horse open sleigh

Dashing through the snow
In a one horse open sleigh
O'er the fields we go
Laughing all the way
Bells on bobtail ring
Making spirits bright



What fun it is to ride and sing
A sleighing song tonight

Jingle bells, jingle bells
Jingle all the way
Oh what fun it is to ride
In a one horse open sleigh
Jingle bells, jingle bells
Jingle all the way
Oh what fun it is to ride
In a one horse open sleigh

(Youtube clip, Track 13 CD)

