

# Arts and Dementia WARWICKSHIRE



## **Movement to Music CPD Training**

For activity co-ordinators or care staff

**Monday 26 June 10am to 3pm  
at Lanesborough House in Coleshill**

To book 07946 585978  
[jenny@artsuplift.co.uk](mailto:jenny@artsuplift.co.uk)

**FREE!**





Join Lucy Knight, as she delivers a movement to music session with residents of Lanesborough House care home in Coleshill. Learn about running your own movement to music sessions with older people/people living with dementia through some theory sessions and a FREE resource pack or gain some more ideas!

## Learning Aims

- To provide an introduction to the benefits of movement with older people and people living with dementia in a care home setting
- To equip the learner with movement exercises and approaches to enable you to run your own session within a care home setting
- To provide resources and materials to enable the learner to plan fun and engaging sessions