



Arts Uplift CIC

INSIDE STORIES

A series of fun online hand-sewing Zoom sessions for shielded people and people that have just come out of hospital! Learn how to and create your own stitch diary based on your stories. Materials can be posted. FREE! (ImageThe Shutter Crew)

**TUESDAYS 30 JUNE 7,14,21,28 JULY 4,11,18
AUGUST • 2.30PM-3.10PM • ZOOM**



*To book a place contact Jenny Davis 07946 585978
jenny@artsuplift.co.uk www.artsuplift.co.uk*

