



# Inside Stories

## Well Being Choir!



**6 weeks FREE! Thursdays 7.15-8.30pm**  
**from 16/09/21**

**On Zoom!**

**No experience necessary!**  
**Come and join the fun!**

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[www.recoveryandwellbeing.co.uk/Enrolment](http://www.recoveryandwellbeing.co.uk/Enrolment)



**Change  
Grow  
Live**

